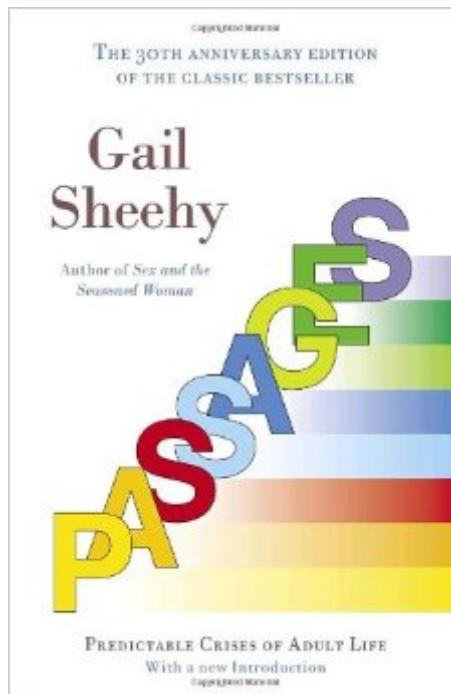


The book was found

Passages: Predictable Crises Of Adult Life



Synopsis

At last, this is your story. You'll recognize yourself, your friends, and your loves. You'll see how to use each life crisis as an opportunity for creative change -- to grow to your full potential. Gail Sheehy's brilliant road map of adult life shows the inevitable personality and sexual changes we go through in our 20s, 30s, 40s, and beyond. The Trying 20s -- The safety of home left behind, we begin trying on life's uniforms and possible partners in search of the perfect fit. The Catch 30s -- illusions shaken, it's time to make, break, or deepen life commitments. The Forlorn 40s -- Dangerous years when the dreams of youth demand reassessment, men and women switch characteristics, sexual panic is common, but the greatest opportunity for self-discovery awaits. The Refreshed (or Resigned) 50s -- Best of life for those who let go old roles and find a renewal of purpose.

Book Information

Paperback: 576 pages

Publisher: Ballantine Books; 30th Anniversary ed. edition (January 10, 2006)

Language: English

ISBN-10: 034547922X

ISBN-13: 978-0345479228

Product Dimensions: 5.2 x 1.2 x 8 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 starsÂ See all reviewsÂ (60 customer reviews)

Best Sellers Rank: #18,118 in Books (See Top 100 in Books) #6 inÂ Books > Politics & Social Sciences > Social Sciences > Demography #18 inÂ Books > Health, Fitness & Dieting > Psychology & Counseling > Developmental Psychology #55 inÂ Books > Health, Fitness & Dieting > Aging

Customer Reviews

"Passages" is a classic book about confronting the changes of middle age, and the author has a no-nonsense style that is really refreshing. It was very helpful to hear how many people who reach middle age (whenever that is) have many of the same confusing and upsetting feelings, how we're not nuts, and how there IS light at the end of the tunnel. However, having said that, this book seemed quite dated to me. It was written in the 1970s when it was still the norm for women to marry in their early 20's without any career training, a college education, or any experience with independent living. The crises that these women confronted in middle age are a bit different than

modern women face, since many modern women have achieved quite a bit of independence before establishing a relationship with a partner, or choosing to remain single. Also, I found the discussion of men's lives reflected the 1970's social norms as well, i.e. that most men followed the traditional business-career route, and were pretty sexist in their attitudes towards their wives. This social bias is reflected in her discussion of difficulties that couples face during various stages of their lives. Some of the psychological research the author referred to is quite out of date as well. Still, I think the author presented some great insights about the feelings that many middle aged people experience, and despite the somewhat dated psychological and social perspectives, this book is really worth reading, particularly if you just skim over the outdated stuff. One thing that really struck me is how much our modern view of when "middle age" occurs differs from what the author presented in her book. She described people beginning to confront "middle age" around age 35.

[Download to continue reading...](#)

Passages: Predictable Crises of Adult Life Hi-Lo Nonfiction Passages for Struggling Readers: Grades 6–8: 80 High-Interest/Low-Readability Passages With Comprehension Questions and Mini-Lessons for Teaching Key Reading Strategies Informational Passages for Text Marking & Close Reading: Grade 3: 20 Reproducible Passages With Text-Marking Activities That Guide Students to Read Strategically for Deep Comprehension Memory Controllers for Real-Time Embedded Systems: Predictable and Composable Real-Time Systems: 2 How To Grow Your Dental Practice In The New Economy: 5 Key Strategies to Predictable, Significant and Sustainable Results Managing Crises: Responses To Large-Scale Emergencies Darfur: A 21st Century Genocide, Third Edition (Crises in World Politics) Crises in a New World Order: Challenging the humanitarian project (Oxfam Briefing Papers Book 158) Adult Coloring Book: De-Stress: Adult Coloring Books (The Peaceful Adult Coloring Book Series) Adult Romance: Adult Bedtime Short Stories - Sultry XXX Romantic Billionaire Romance, Mail Order Bride Historical Romance, Western, Alpha Male Love, New Adult, Victorian Romance, Bedtime Anthology A Lifetime of Love: Poems on the Passages of Life New Passages: Mapping Your Life Across Time Nurse Life: A Snarky Adult Coloring Book: A Unique Humorous Adult Coloring Book For Nurses & Nursing Students With Funny Quotes, Hand Lettering Word ... Relaxation Stress Relief & Art Color Therapy) Mom Life: A Snarky Adult Coloring Book: A Unique Humorous Adult Coloring Book For A New Mom, Mommy & Mom To Be With Funny Hand Lettering, Cute Quotes, ... Relaxation Stress Relief & Art Color Therapy) 35 Reading Passages for Comprehension: Inferences & Drawing Conclusions Scholia On Passages Of The Old Testament: Now First Ed. In The Original Syriac, With An English Translation And Notes Tales from Ovid: 24 Passages from the Metamorphoses Middle Passages (New

Directions S) The Key to The Name of the Rose: Including Translations of All Non-English Passages (Ann Arbor Paperbacks) A Summa of the Summa: The Essential Philosophical Passages of st Thomas Aquinas Summa Theologica Edited and Explained for Beginners

[Dmca](#)